



**MAGNIFICENT U**

**Transforming Lives  
With Cognitive  
Science & Ancient  
Wisdom.**



**Dr. Anamika Chawhan**

Ph.D | NLP Trainer | Pranic Meditation Expert | Hypnotherapist

A trailblazer in the field of cognitive science and personal transformation, Dr. Anamika Chawhan is a visionary mentor, accomplished academic, and sought-after life coach who has dedicated her life to empowering individuals to realize their true potential.

With a **Ph.D. in Cognitive Science** from the **prestigious IIT Bombay**, **Dr. Anamika** combines cutting-edge scientific insights with time-tested wisdom to deliver transformative results. Her unparalleled ability to bridge science and spirituality has earned her recognition as one of the "**40 Under 40**" achievers and the **prestigious Best Alumni award from IIT Bombay**.

As a trainer in Neuro-Linguistic Programming (NLP), Pranic Meditation, Arhatic Yoga, and Hypnotherapy, Dr. Anamika Chawhan has equipped thousands of individuals with tools to achieve emotional clarity, mental resilience, and spiritual growth. She is also a published author of two acclaimed books, **the Bull in You and Ananda**, which offer profound insights into personal mastery and inner peace.

In addition to her individual coaching, Dr. Anamika Chawhan is the founder of several transformative platforms: **Magnificent U® | Prana Essence | Pair Kraft**

- **Magnificent U®** : A hub for holistic personal and professional development.
- **Pair Kraft™** : Where Compatibility Meets Companionship Find meaningful connections with smart matching and effortless conversations. Your journey to genuine relationships starts here!
- **Prana Essence** : A spiritually enriching practice designed to connect individuals with their inner power.





Dr. Anamika coaching philosophy is rooted in the belief that each individual possesses a reservoir of untapped potential. Through her programs, workshops, and retreats, she empowers her clients to break free from limiting beliefs, realign with their core values, and create a fulfilling and purpose-driven life.

Her impact spans the globe, having touched over 200,000 lives across 12+ countries, including : **India, USA, Canada, Germany, England, Australia, Dubai**

Dr. Anamika Chawhan's clients include professionals, leaders, and change-makers who seek not just success but significance in their personal and professional journeys.

Whether you're looking to overcome personal challenges, redefine your career, or achieve mastery over your mind and emotions, Dr. Anamika Chawhan is the guide who can illuminate the path to your highest potential.



## WHAT WE OFFER

At the heart of our programs is a commitment to personal transformation, helping individuals break barriers, embrace their potential, and lead lives of purpose and fulfillment. Whether you're looking for individual growth, professional success, or spiritual enlightenment, we offer tailored solutions to meet your needs.

### Transformative Coaching Programs

We provide a range of structured coaching journeys designed to suit your goals and aspirations:

#### a. The Quantum Leap (6 Months)

- Ideal for individuals ready to overcome limiting beliefs and accelerate personal growth.

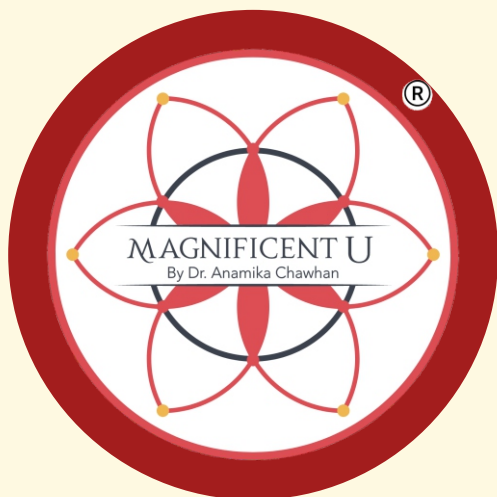
- **Features include:**

**One-on-One Coaching :** 12 sessions using techniques like NLP, Hypnotherapy, and Cognitive Behavioral Therapy.

**Serenity Retreat :** A weekend of relaxation and personal breakthroughs.

**Wisdom Vault Access :** A curated library of motivational and educational resources.

**Daily Mindset Boosters :** Small, actionable content to keep you inspired every day.





## **b. The Phoenix Rising (1 Year)**

A deeper commitment to transformation with advanced tools and techniques.

• Features include:

**Neurosculpting® Sessions** : Six sessions for reshaping thought patterns.

**Quantum Consciousness Calibration** : Expanding self-awareness and purpose.

**Bi-weekly Cybernetic Syncs** : Regular check-ins for goal alignment and accountability.

**Retreats and Workshops** : Two exclusive weekend getaways.

## **c. The Cosmic Architect (3 Years)**

A comprehensive program for those ready to design their destiny and create a lasting legacy.

• Features include:

**72 Personalized Coaching Sessions** : Deep dives into every aspect of personal and professional mastery.

**Holonomic Brain Rewiring** : Advanced techniques for optimizing brain performance.

**Infinity Vision Quest** : Strategic life planning and vision alignment retreats.

**Epigenetic Optimization** : Tailored lifestyle interventions for peak performance.



## | Corporate Coaching and Workshops

We work with businesses and organizations to enhance leadership, productivity, and team dynamics.

- **Features include:**

**Mindfulness Training** : For focus and stress management.

**Personal Branding Workshops** : To help professionals build their unique identity.

**Mental Detox Programs** : Designed to promote clarity, creativity, and collaboration.

## | Spiritual Retreats

- **Features include:**

**Ananda Retreats** : Experience tranquility, spiritual growth, and deep personal work in serene environments. Activities include meditation, yoga, and holistic therapies.

**Cosmic Purpose Retreats** : Discover and align with your highest calling through transformative practices.

## | Certification Programs for Aspiring Coaches

Step into a fulfilling career as a spiritual business coach with our comprehensive certification program. Learn proven coaching methods and business strategies to help others succeed while building your legacy.



## | Magnificent U App

Stay connected to your transformation journey anytime, anywhere with our state-of-the-art app.

### • Features include:

- | Daily inspirational content and mindset boosters.
- | Guided meditations and visualization exercises.
- | Goal tracking and progress monitoring tools.
- | Access to the Wisdom Vault and a vibrant community for networking.

Whether you're starting your journey of self-discovery or looking to take your success to the next level, **Dr. Anamika Chawhan** and her programs are here to guide you every step of the way.

# Magnificentu

Magnificent U

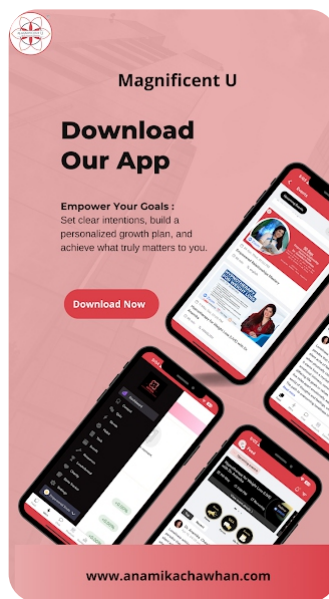
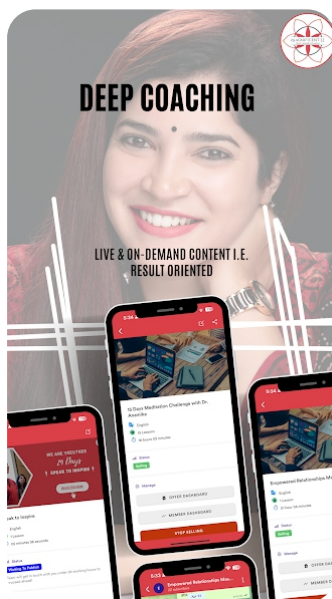
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AVAILABLE ON :





We've had the privilege of working with a diverse range of organizations and individuals, guiding them on their journey to happiness and fulfillment.



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THE TIMES OF INDIA



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BARCLAYS

wework



mid-day

Infosys

B&M  
BERNHARD SCHULTE  
SHIPMANAGEMENT

DNA

AXIS BANK



”

**Book Written,  
ANANDA**

— Dr. Anamika Chawhan

”

**Book Written,  
THE BULL IN YOU**

— Dr. Anamika Chawhan

”

**Up Coming Book,  
AADI VACHAN**

— Dr. Anamika Chawhan

”

**"In the journey of life,  
be not just a traveler,  
but the architect  
of your destiny."**

— Dr. Anamika Chawhan

available at



**amazon**



## OUR CLIENTS / PROGRAMMES



**Kuwait  
Petroleum**



**ITC  
Maratha**







**Ananda Retreat  
- Rishikesh**



**Level Up Coach  
- Pune**



**Level Up Coach  
- Gurugram**



**Ananda Retreat  
- Bali**



**ITC  
- Mumbai**



**Mindfulness For 12th  
Grade Students**



**Session for 11th  
Grade students**



**IIT Bombay  
Washington University**



**IIT Bombay  
Washington University**

# TESTIMONIALS

“

“Exceptional training synthesizes scientific principles, unleashing remarkable potential through meticulously crafted psychological intervention strategies.”

Manoj



“

“Cutting-edge neurological approaches systematically dismantled psychological constraints, generating unprecedented breakthroughs in personal development trajectories.”

Pooja



“

“Masterful curriculum illuminates subconscious patterns, delivering extraordinary paradigm shifts that radically redefine professional coaching. Thank u”

Saroj



“

“Breakthrough methodology empowered me, shattering limiting beliefs and propelling exponential personal growth beyond traditional coaching frameworks.”

Vani



“

“Groundbreaking techniques synthesized psychological wisdom, enabling remarkable breakthrough in clients' mind set reconstruction and emotional intelligence.”



Tejas



“

“Profound neurological strategies decoded complex human motivations, dramatically elevating my leadership effectiveness and interpersonal communication skills.”



Dr. Jaya



“

“Transformative journey! wonderful insights revolutionized my professional trajectory, unlocking potentials I never imagined possible within myself. Love.”



Dr. Meghana





SCAN FOR MORE



Pair Kraft



Magnificent U




Prana Essence



# MAGNIFICENT U

## CONNECT US

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